

Unit 4 Lesson 1

Digestive System

Vocabulary	Definition
1. appetite	a desire for food
2. constipation	the condition of having difficulty in getting rid of solid waste from your body
3. diet	the types of food that a person eats
4. digestion	breakdown of food physically and chemically so it can be absorbed for use by the cells
5. digestive system	responsible for digestion of food and elimination of wastes; also called GI system
6. energy	the physical and mental strength that makes you able to do things
7. esophagus	the tube which food passes down from your mouth to your stomach
8. GI system Gastrointestinal system	digestive system
9. gland	an organ of the body that produces a substance that the body needs such as the salivary glands that produce saliva
10. hormones	chemical substances secreted by the endocrine glands that regulate the activities of other organs and glands in the body
11. intestines	the long tube in your body through which food passes after it leaves your stomach for continued breaking down
12. nutrition	the process of giving or getting the right type of food for good health and growth
13. peristalsis	contraction of the organ walls in order to push food and liquid forward through an organ
14. reflex	the natural ability to react quickly and well to sudden situations
15. salivary glands	part of your mouth that produces saliva
16. stomach	the organ inside your body where food begins to be digested or broken down
17. teeth	one of the hard white objects in your mouth that you use to bite and eat food